Why and How CAMPUSES Should Address Substance Abuse PREVENTION

SUBSTANCE USE AND ABUSE has been identified by College and University Presidents as Higher Education’s most vexing issues, contributing to lack of academic success, campus destruction and interpersonal violence.

AN ONGOING PROBLEM

Substance abuse has been identified by college presidents as the number one issue impeding student success. Studies show that students perform better socially, emotionally and academically when they make more positive choices related to substance use – see a snapshot of high-risk drinking consequences at the following website:

www.collegedrinkingprevention.gov/NIAAACollegeMaterials/TaskForce/Intro_03.aspx

Healthy living practices – stress management, good nutrition, adequate rest and active lifestyle – all improve when alcohol and other drug use is minimized, and conversely campuses that provide comprehensive support for healthy behaviors reduce negative consequences. The recent release of Healthy Campus 2020 provides campuses a map to help drive their prevention efforts.

www.acha.org/HealthyCampus/student-obj.cfm

More information about these issues and Best Practices to reduce alcohol abuse and its negative consequences can be found at the following website:

www.CollegeDrinkingPrevention.gov

www.collegesubstanceabuseprevention.org

CoHEASAP, brings together representatives of over 20 diverse higher education organizations to set a national agenda for substance abuse prevention on campus. The coalition model implies a shared, campus-wide responsibility, with input and active involvement from the many offices and individuals committed to the health and safety of students. An integrated model of campus coalition can be found at:

caph.gmu.edu/PromPrc/hdocs/2005/TaskForcePlannerGuide.pdf

For more details, contact us today
(303) 871-0901
The Coalition of Higher Education Associations for Substance Abuse Prevention
The U.S. Education Department said that to reach President Obama’s goal of making the United States the top producer of college graduates by 2020, institutions must address the pervasive substance abuse that causes student academic, social and health problems. One way they can do that is through comprehensive recovery programs: “For those students attempting to remain sober, recovery programs and supports are critical to preventing relapse into addiction or alcohol and drug abuse, as well as supporting student success in education.”

One in ten college students experience substance dependence, and college campuses can be a lethal environment for those in recovery. Collegiate recovery communities are increasingly meeting the needs of students in recovery who want a supportive community in which they can grow and experience academic success while achieving their recovery goals. More information about these programs can be found at: www.collegiaterecovey.org. The Stacie Mathewson Foundation website identifies 38 assets for building a recovery community at www.staciemathewsonfoundation.org and provides grant opportunities for institutions of higher education to support campus recovery programs.

Various models of recovery communities can be found at the following growing list of programs:

- Rutgers University
- Texas Tech University
- Augsburg College
- Case Western Reserve
- University of Massachusetts
- Tulsa Community College
- University of Virginia
- Kennesaw State University
- University of Texas
- Georgia Southern University
- College of St. Scholastica, Duluth
- Baylor University
- Greenfield Community College
- Ohio University
- Southern Oregon University
- University of Michigan
- The Ohio State University
- University of Vermont
- University of California, Riverside
- St. Cloud State University
- Auburn University
- University of Mississippi
- James Madison University
- Midland College, Texas
- Penn State University
- University of Alabama
- University of California, Santa Barbara
- University of Nevada, Las Vegas
- University of North Carolina, Charlotte
- Oklahoma State University
- University of Southern Mississippi
- Vanderbilt University
- William Patterson University

collegesubstanceabuseprevention.org